



Bruno Círcolo
222 South Delhi Street
Philadelphia, PA, 19107
Cell 267-978-7467

Yogaography

Have devoted myself to the study and practice of yoga since 2002. After beginning practice at Dhyana Yoga, I enrolled in their teacher-training program, so I might share my love of yoga with others and deepen my own practice. After completing studies, including Bhagavad-Gita, the Yoga Sutras, Meditation and Pranyama, began teaching Vinyasa yoga at several yoga centers in Philadelphia. Continuing studies and teaching yoga is a cherished privilege and honor.

Have written articles on yoga, including the "Beginner Tip" Articles for the online magazine "Dhyana Light". Voted one of "The Area's Best Yoga Instructors" by "Be Well Philly" Philadelphia Magazines blog, 2013, volunteer teaching for "Recover Yoga" a community based project teaching yoga to people recovering from addiction.

Lives in Center City, Philadelphia, with his wife Pat, and his cat Amelie.

Professional Certifications

Teacher Trainings, Intensives & Continued Studies

- Prison Yoga Training, (12 Hour Certified) teaching yoga in prisons and rehabilitation facilities, 2014
- Additional 50-Hour Yoga Teacher Training Certification (250-Hour Certified) at Dhyana Yoga, 2012
- 15-Hour Prenatal Yoga Training with Leila Zinni, Dhyana Yoga, 2012
- Sri Andrei Ram Om, Path to Self-Realization Immersion, 2011
- 20 hour "Shiva Rea's" Prana Flow training with Simon Park, Dhyana Yoga, 2010
- 50 Hour Dynamic Flow training with Alex Holmes, Dhyana Yoga, 2009
- 200-Hour Yoga Teacher Training Certification & Personal Evolution Programs at Dhyana Yoga, 2007

Have completed Certificates in Thai Massage and Anatomy, CPR certification from The American Red Cross. Additional studies include Sanskrit and Ayurveda.

Professional Experience; Teaching Yoga Classes

- Yoga Teacher for people in recovery – **The Kirkbride Center**
Philadelphia, PA: 2014 – To Present
- Vinyasa Flow Teacher – **Dhyana Yoga**
- Vinyasa 101 (Beginners) Teacher – **Dhyana Yoga**
- Teaching in the Teacher Training Program – **Dhyana Yoga**
Philadelphia, PA: 2008 – To Present
- Vinyasa Flow Teacher – **The Sporting Club at the Bellevue**
- Gental Yoga Teacher – **The Sporting Club at the Bellevue**
Philadelphia, PA: 2009 – To Present
- Vinyasa Flow Teacher – **University Of the Arts,**
CE and Pre-Collage dept.
Philadelphia, PA: 2008 – 2009
- Vinyasa Flow Teacher – **Sun Light Yoga Studio**
- Beginner yoga Teacher – **Sun Light Yoga Studio**
Philadelphia, PA: 2008 – 2009
- Assistant Yoga Teacher – **Dhyana Yoga** with Alex Holmes
Philadelphia, PA: 2008

Professional Experience; Teaching Yoga Workshops

- Finding Balance - On And Off The Mat
- 101 Beginners Workshop
- Getting To The Core, Accessing A Strong Core
- Getting To The Core Of Crow
- Heart Opening & Core, Let Your Inner Light Shine